



Grilled Baguette Croutons

If you like extra garlic flavor, try rubbing a halved garlic clove onto each side of the grilled croutons.

Makes 4 servings
Total time: 5 minutes

- 8 slices baguette (1/2 -inch thick)
- Extra-virgin olive oil
- Salt and black pepper

Preheat grill to medium-high.

Lightly coat baguette slices with oil and season with salt and pepper.

Grill bread until lightly toasted, about 1 minute per side.

Per serving: 118 cal; 4g total fat (1g sat); 0mg chol; 195mg sodium; 17g carb; 1g fiber; 3g protein